



# *The Fellrunner Magazine*

## *February 2003*



Sharon Taylor (Bingley)  
discovers the dark side of fell-running  
at Auld Lang Syne  
(Photo David Brett)

**How to be a Champion**

**Lazometrics**

**Allan Greenwood Profile**

**Championships 2003**

**Classic Fell Races: Part 3**



## Quarry Races

### Under 16s

1. A. Johnson Girl	Scarb	12.27
2. J. Kraft	Scarb	12.50
3. S. McVitie	Pendle	12.55

### 11 finishers

### Under 10s, 12s and 14s

1. M. Hurst U/14	Skip	5.11
2. D. Shepherd U/14	Settle	5.27
3. J. Mountain U/12	Skip	5.36
4. T. Mountain U/14	Skip	5.57
5. D. Caton U/12	Unatt	6.04

### 56 finishers

### Under 8s

1. C. Chew Girl	Pendle	2.07
2. E. Brownlee	Bing	2.17
3. R. Addison Girl	HelmH	2.20

### 17 finishers

## TURKEY TROT

### Mourne Mountains

AS/5.5m/1500ft 26.12.02

Seldom has the Turkey Trot enjoyed such benign weather conditions with temperatures well above the seasonal norm and virtually no wind. The compulsory gear check caught some competitors without their full ration of stuffing, so some re-ordering of the trimmings was required before the Turkeys were ready to be despatched.

Fifty three fully kitted runners soon gobbled up the grassy track and before long were skipping around the flanks of Slieve Meelmore before climbing to the Bernagh Col.

Previous winner, Neil Carty, opened up a sizeable gap on fellow World Trophy team members, Garath Arnott and Simon Taylor. Paul Mawhirt was also in close attendance as was Francis O'Hagin, the leading vet. Violet Cordiner had the ladies' race to herself, well ahead of new face, Catherine Marshall.

No records were threatened as the damp underfoot conditions slowed progress but Neil Carty wasn't worried and won with a commanding advantage over Simon Taylor, who edged Garath Arnott for second place. Violet Cordiner easily won the ladies' race and Brian McBurney claimed the vet's title, following a crunching tumble which put Francis O'Hagan out of contention.

Mince pies and mulled wine were consumed with gusto at the Tollymore Mt Centre, the marshals thanked, and the prizes provided by the Belfast Outdoor Shops, Surf Mountain, Jacksons and Tisos were distributed. Neil Carty, as winner of the race, collected the Martin McMahon Trophy – ten years after it was first raced for and ten and a half years since the tragic death of the popular young Barf runner whom it commemorates.

### Jim Brown

1. N. Carty	NBelf	45.47
2. S. Taylor	BARF	48.29
3. G. Arnott	Willowf	48.38
4. P. Mawhirt	N'castle	49.54
5. M. Cowen	LVO	53.20
6. S. Linton	BARF	53.28
7. B. McBurney O/40	N'castle	53.54
8. R. Cowen	Willowf	54.04
9. J. Somerville	BARF	54.15
10. M. McKibben	TeamPur	55.09

### VETERANS O/40

1. (7) B. McBurney	N'castle	53.54
2. (16) C. McCann	ACKC	58.42
3. (25) P. McClenaghan	BARF	60.40

### VETERANS O/50

1. (13) D. McHenry	Willowf	56.37
2. (30) B. Magee	Larne	61.47
3. (31) F. Hammond	BARF	62.02

### LADIES

1. (41) V. Cordiner	LVO	67.42
2. (46) C. Marshall	LTL	72.48
3. (48) A. Shannon	Unatt	74.16
4. (53) P. O'Hara	BARF	88.49

### 53 finishers



The "Pyramids 'R' Us" team at Whinberry (Photo Steve Bateson)

## DEVIL'S CHAIR DASH

### Shropshire

AS/3m/800ft 26.12.02

In the 24th year of this race, there was a new record for Tim Davies. The entry fees are a donation to the Shropshire & North Wales Hospice and £900 was raised.

The weather was fine and plenty of people stayed for the free soup and sandwiches and coffee provided by the Stiperstones Inn, which organises the event.

The event is on again in 2003 but, unfortunately, it is not in the calendar (organiser's mistake!!)

### John Sproson

1. T. Davies	Mercia	21.15
2. T. Werrett	Mercia	22.04
3. K. Satokes	Unatt	24.12
4. I. Hughes	Unatt	24.17
5. A. Yapp	Mercia	24.30
6. T. Higginbottom	Unatt	24.47
7. M. Clewes O/40	Mercia	24.51
8. A. Brown	Unatt	25.01
9. R. Alldridge	Mercia	25.08
10. O. Mott	Unatt	25.22

### VETERANS O/40

1. (7) M. Clewes	Mercia	24.51
2. (11) G. Jones	Sshrews	25.27
3. (12) R. Mapp	Ludlow	25.29

### VETERANS O/50

1. (14) B. Dredge	Mercia	26.09
2. (31) M. Hand	Unatt	28.54
3. (45) A. Morris	Wrekin	30.48

### LADIES

1. (57) J. Ewels	Wrex	31.47
2. (59) C. Leventon	Wrekin	31.57
3. (90) W. Walton O/35		34.16
4. (103) J. York O/35		35.16
5. (109) F. Hill		35.29
6. (110) J. Fletcher O/35		35.42
7. (133) H. MacDonald		38.18
-Jones O/35		38.18
8. (137) J. Leventon O/35		38.30

### INTERMEDIATES – BOYS

1. (18) B. Griffiths		27.11
2. (38) J. Humphreys		29.31
3. (46) J. Hatton		30.54

### JUNIORS – BOYS

1. (67) T. Griffiths		32.31
2. (100) R. Blakemore		34.58
3. (105) M. Roberts		35.18

### 374 finishers

## WHINBERRY NAZE DASH

### Lancashire

BS/4m/750ft 26.12.02

The best turnout for years despite the torrential rain. With three times winner Rob Hope absent, brother Danny was hoping to keep up the family tradition but couldn't match the in-form George Erhardt.

Lucy Whittaker broke her own record to take the honours for first lady.

Rossendale fancy dress team led by Nigel Gotts easily won first place as usual with another outlandish creation; a fairly large pyramid carried by Cleopatra and a bunch of Egyptians although a pretty scary bearded Lara Croft was a close second. Good to see lots of people joining in the spirit of the occasion although there is still plenty of competition at the sharp end.

Father Christmas was present at the top of Cowpe Lowe as usual but one of his elves forgot to order the smarties and other chocolates had to be substituted. I had more complaints about that than the weather!

### Steve Duxbury

1. G. Eherhardt	Tod	24.00
2. D. Hope	P&B	24.14
3. S. Livesey	Clay	24.30
4. M. Aspinall O/40	Clay	25.00
5. S. Fitzpatrick	Clay	25.26
6. G. Schofield O/40	Horw	25.49
7. M. Lee (Bob Hope)	Ross	26.00
8. S. Hoyle	Ross	26.01
9. A. Hallahan	Horw	26.05
10. A. McFarlane	Clay	26.07

### VETERANS O/50

1. (23) J. Hope	AchR	27.40
2. (28) J. Holt	Clay	27.47
3. (29) K. Taylor	Ross	27.49

### LADIES

1. (27) L. Whittaker	Saddle	27.46
2. (30) T. Sloan	Salf	27.57
3. (52) S. Ider	Bing	30.05
4. (65) A. Kelly O/40	Clay	31.30
5. (86) C. Parfitt	Tod	33.55
6. (87) D. Kenwright	SarnH	33.58

### 197 finishers O/45

## BRISCOE'S AULD LANG SYNE

### West Yorkshire

BM/6m/900ft 31.12.02

Business as usual prevailed at the official 9th Auld Lang Syne race although in 1996 a ghost race was run, i.e. officially postponed, but because so many turned up a race was run, with that man Ian





Tom Cornthwaite of Hyndburn leads a group at Auld Lang Syne (Photo David Brett)

Holmes having won every race. So next year sees him going for glory and honour, with his 10th straight win, just like he did in the Stoop event 2 years ago.

Ian was installed with race number one, while rival Rob Hope was unimpressed with being given number two, and certainly bent numerous runners ears about this unjust action by the organizers; since he'd beaten Ian at the Stoop 9 days earlier.

Was it this issue that made Rob set off at 'warp factor 9'? because this is completely opposite to Rob's tactics whenever racing Ian in the past, it did initially shock Ian, but in hindsight it wasn't very 'enterprising'.

In fact Ian was totally untroubled in the race and easily won in 35-26, only just over a minute outside his own 1996 record of 34-20, very impressive considering the heavy muddy conditions. Ian's New Year was bound to be a boozy affair as his prize booty would testify. This was Rob's only second Auld Lang Syne race, and he found the 15 minute



Ian Holmes heading determinedly for an amazing 10th successive victory at Auld Lang Syne (Photo David Brett)

laughs and curses, these you thought weren't too imposing, but once stepped in they sucked your legs, and felt like quick sand. 'Even though I know the Stoop and Auld Lang Syne well, one of the bogs caught me out. With Andrew Robertshaw following my every step, we both ended up side by side in one, unable to move for what seemed an eternity but was really only half a second. Ted Mason gleefully floated over the bog, I can't swear by it but did he use Andrew and me as stepping stones?' commented 7 times over 40 winner Steve Oldfield in 6th, and probably by numerous others in the 366 strong field.

In the ladies, 33 year old, Lucy Whitaker obviously found the bogs to her liking by repeating last year's victory, which added to her new improved record at the Whinberry Naze Dash in Boxing Day. Sharon Taylor, the FRA magazine front cover girl, finished second after battling with Lisa Lacon on the return from the Stoop. Sharon a winner at Wansfell 2 days prior, and a winner at Dalehead, is improving with every year. Although Sharon has competed since the age of 9 at all disciplines of athletics, to beat 2 hours at the Ben Nevis race, was a big personal and athletic break through; being 3rd lady just added an extra bonus. A regular contributor to any Bingley Harriers' team competitions, Sharon can always be relied upon and deservedly picked up championship team medals with the Bingley ladies; where she contributed the most. Along with Pauline Munro 4th and Kirsten Bailey 8th, they took the only chocolate off the prize table, which was given to the men's and ladies' teams - Bingley Harriers.

The race video proved an hilarious success, as runners in the warmth of the Old Sun prize giving nurturing a pint or two watched themselves and others negotiate the muddy conditions, and especially the entertaining attempts at crossing the two deep bogs.

Eddie Nuff

1. I. Holmes	Bing	35.26
2. R. Hope	P&B	36.52
3. A. Peace	Bing	37.35
4. A. Robertshaw	Otley	39.07
5. T. Mason	Wharfe	39.17
6. S. Oldfield O/40	BfdA	39.24
7. P. Brittleton	Howgill	40.02
8. A. Clarke	CaldV	40.49
9. I. Greenwood O/40	Clay	40.53
10. B. Cole	Horw	40.55

#### VETERANS O/50

1. (25) T. Hesketh	Horw	42.43
2. (33) R. Taylor	Penn	43.27
3. (45) J. Holt	Clay	44.26

loop along the water channel, Top O' Stairs and skyline run a little puzzling. Since when he last ran here it was the first ever race in 1994, but that was shortened due to blinding blizzards and heavy snow to the 5m/800ft Stoop race route. Here he did finish 4th behind of course Ian, Colin Donnelly and Sean Willis.

The other talking points of the race were the official starter Louie Holmes (Ian's son), how he has grown from the babe in arms in the millennium year, to a right little tornado now, just ask Zina or Ian. But the 3 deep bogs off Oxenhope Stoop brought about the most conversation,

#### VETERANS O/60

1. (108) D. Ashton	Darwen	49.07
2. (148) P. Reynard	Felland	50.59
3. (230) J. Emmott	BfdA	56.01

#### LADIES

1. (56) L. Whittaker	Saddle	45.21
2. (85) S. Taylor	Bing	47.24
3. (88) L. Lacon	Holm	47.33
4. (100) P. Munroe	Bing	48.30
5. (110) E. Leggate	Harrow	49.09
6. (120) E. Barclay O/35	Ilk	49.40
7. (137) V. McParland	Abbey	50.38
8. (138) K. Bailey	Bing	50.41

364 finishers

#### GIANT'S TOOTH RACE

West Yorkshire

CS/3m/400ft 01.01.03

Many, many thanks to all who turned out on such a miserable, murky day at Ogden. I hope everyone enjoyed themselves and made it their New Year's resolution to come and run with us again. Congratulations to Tim and Sally on their superb record breaking runs.

Thanks to all the marshals and helpers who gave up their own chance to run, to the staff and wardens at Ogden Water, Steve and Nicky at the Causeway Foot Pub and our sponsors, Connect Business Finance, who paid for the 2003 diaries. Also, a big thank you to the runners who very generously donated prizes.

Allan Greenwood and Linda Crabtree

1. T. Austin	DkPk	17.13
2. D. Burgess	Otley	18.08
3. R. Sturgess	Hfx	18.54
4. M. Mason	Hfx	18.54
5. S. Birtwistle	Ross	19.15

#### VETERANS O/40

1. (9) M. Crabtree	Hfx	20.02
2. (10) G. Phillips	PudseyP	20.08
3. (14) P. Grimes	Hfx	20.17

#### VETERANS O/50

1. (8) J. Holt	Clay	19.55
2. (12) K. Taylor	Ross	20.11
3. (17) S. Moss	Spen	20.36

#### LADIES

1. (13) S. Newman O/40	CaldV	20.14
2. (23) S. Becconsall O/40	Bing	21.22

31 finishers

#### AROUND LLYN LLYDAW FUN RUN

Gwynedd

CS/5m/594ft 01.01.03

A rather damp, dismal and cold day greeted the year 2003 in Snowdonia and 47 runners gathered at Pen Y Pass to welcome it in by taking part in the 28th Llyn Llydaw race.

The rain over the last day or so added a different dimension to the snow and ice of last year - the rivers ensuring all finished with very wet feet.

Many thanks to the hospitality provided by the Pen Y Pass Youth Hostel.

Harvey Lloyd

1. P. James	46.17
2. A. Jackson	46.58
3. R. Hutton	47.14
4. S. Hutton	48.22
5. S. Middleton	49.25
6. T. Harling	49.33
7. M. Blake	49.51
8. J. Bennell	50.12
9. T. Holt	50.24
10. D. Hill	50.55

#### LADIES

1. (19) R. Metcalfe	58.49
2. (28=) Astrid U	67.42
3. (28=) F. Paterson	67.42

47 finishers